

## Newsletter

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## If there is a will, there is a way



Beit Atfal Assumoud newsletter is published monthly by the National Institution of social Care and Vocational Training. Each letter is issued to circulate information about the work and activities of the institution and its centers over the course of the month. We have been working on providing services for Palestinian refugees living in the camps of Lebanon for 39 years.

## About Beit Atfal Assumoud

Beit Atfal Assumoud is a national, humanitarian and secular nonprofit organization that aims to contribute to the development of the Palestinian community in Lebanon through services addressing the needs of the families, and through various gender-balanced projects empowering the potentials and skills of the children, youth, women and parents or guardians.

This is our first newsletter for this year. We hope that this year will carry more happiness and success for our children and families. Our mission, providing support to the Palestinian community in all the camps, will continue maintaining collaboration with our donors.

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## Family Happiness Project



Family Happiness Project is now 32 years old, and it is still developing. An evaluation meeting was organized in January 2016 with the mothers to evaluate all the activities performed during 2015. The meeting was successful and the mothers were excited to express their pleasure and trust in BAS institution.



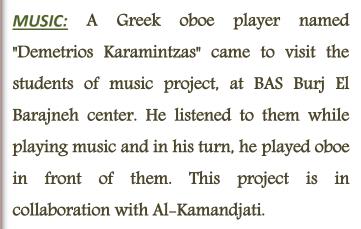
Moreover the mothers always had the opportunity to benefit from the awareness sessions organized by our centers which tackled different topics (Social, health, educational...etc.) These sessions have been very important in raising awareness among our sponsored families helping them to face the hard circumstances surrounding their lives.



As a new step to improve the social work at BAS, a workshop has been organized about "Networking in social work - Child protection between Case management and Referral System", where 23 social workers from FHP and Mental health attended the workshop and showed their great interest in such topic.

### Learn & Have Fun

BAS Centers are featuring in its fun activities which are achievable. A lot of unique activities organized to bring joy into children hearts and to make them learn about many topics in a funny way enhancing their creativity and self-confidence.



ENTERTAINMENT: Within the series of activities organized by BAS centers, and within the psychosocial support project with UNISEF and MAP, Nahr El-bared center organized reactional theatrical entertainment for 150 children to empower the spirit of partnership and cooperation and to reject discrimination in all its forms.

The children were joyful in this meaningful theater and they had performed the roles of the play and games after undergoing trainings by the animators and at the end that a fruit were distributed to all children.









## Wealth for Health





### **Pediatrics**

400 children received treatment by the pediatrician Dr. Sameh Jaber at Nahr El-Bared center. And on January 6th a session was held for the mothers about risk of high temperature among children, and 11 mothers attended.

#### **Awareness Sessions**

Awareness sessions should be organized from time to time to prevent risks as much as possible and to have more dental information about dental hygiene.



#### **Dental Clinic**

January, the first month of 2016, starts with dental activities to begin the year with shining smile, and to carrying that till the end of the year.



### Distributions





#### **CCP**

BAS Baalbek center distributed winter donated by CCP-Japan for the 88 students who participated in the remedial classes. They also distributed diesel fuel for 700 PRS families who live in Beqaa for heating purposes.



#### **ANERA**

BAS Nahr EL Bared, distributed winter clothes for 72 children in the remedial classes on 19/1/2016 supported by ANERA. The children were very happy to receive these clothes.

# Reproductive Health and Peer Education Program





BAS used to give awareness sessions and workshops within the Peer education project. The aim of peer education is to support community members to promote health and enhance change attitude and behavior among the youth. It is also to teach or share health information, values, behavior in educating members of the public.

Sessions are about different topics such as gender which is given by the social workers within the Reproductive Health Project and the Peer Education.

The Gynecologist Dr. Ikhlass Mostafa and Mrs. Zahr Abdullatif gave an awareness session for a group of mothers about "the psychological state of the mother after birth." On Thursday 21/1/2016 at BAS Burj El Barajneh center.





## **Events**



Beit Atfal Assumoud commemorated the Palestinian Martyr's Day in all the camps on January 7th, 2016. All the centers visited the martyrs' Cemeteries and laid coronas on the martyr's graves.





## **Visitors**



Delegation from ANERA visited BAS kindergarten of Burj El Barajneh center on Wednesday 20/1/2016 to follow up the rehabilitation that was done in 2014.



Mr. Kassem Aina and the coordinator of Family Happiness Project FHP Ms. Fatima Khayzaran had a meeting with a sponsor Mr. Robert Marsden and his mother Mrs. Souzan to discuss the needs of Palestinian refugees in the camps on Friday 29/1/2016.

## Psychosocial Support

Psychosocial support helps individuals and communities to heal its wounds and rebuild social structures after an emergency or a critical event. It can help change people into active survivors rather than passive victims.



Within the Psychosocial support program at Palestinian camps and gatherings, workshops and training sessions about First Aid organized to train the teams of BAS centers with participation of Solidarity Association for Social and Cultural Development & Al-Najdah Association. Each workshop was for 2 days.



Within the psychosocial support program, Rashidieh center organized two awareness sessions on the stages of child's growth during the first two years of the child in participation with 53 mothers. They all received baby kits. The sessions were given on January 12th & 13th, 2016.







We apologize for the delay in issuing our monthly newspaper which was due to some changes in the staff. We'll do our best to avoid this delay again. We wish you enjoy reading our monthly newsletter. If you also have any recommendations don't hesitate to contact us.

Kassem Aina